



Master Plan for Aging

New York State Master Plan for Aging

Capital Region Transportation Council

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Welcome

Meeting Topics

- Introduction
- What is the Master Plan for Aging?
- Master Plan for Aging Bold Agenda
- Timeline
- Master Plan for Aging Update
- Master Plan for Aging and Transportation
- Closing

Why does New York need a Master Plan?

By 2030, **1 in 4 people** in New York will be aged **60 years** or over.

The **Master Plan for Aging** builds off our State's successes in **healthy aging**, emphasizing **aging in community** and improving the **lived experience** for **all ages and abilities**.



NEW YORK STATE'S MASTER PLAN FOR AGING

4.6
million

There are 4.6 million New York residents 60 years and older who contribute to the economic, social and cultural vibrancy of our State.

An Executive Order was issued on November 4, 2022, calling for the creation of a State Master Plan for Aging to...



Create a **blueprint of strategies** for government, the private sector, and non-profit sector to support older New Yorkers



Address challenges related to communication, coordination, caregiving, long-term financing, and innovative care



Coordinate all State policy and programs



With the goal of having all older New Yorkers "live **fulfilling lives**, in **good health**, with **freedom, dignity and independence to age in place for as long as possible**"

Master Plan's Bold Agenda



Factors that impact health
including transportation
and housing



Rising use of healthcare
services as people age



Medicaid and Medicare
funding



Healthcare workforce
challenges



Meaningful choice and
remaining in community



Family caregivers

Intersecting Priorities: Prevention Agenda & The Master Plan for Aging

2019-2024 Prevention Agenda Priorities Include:



Prevent Chronic Diseases



Promote a Healthy and Safe Environment



Promote Well-Being and Prevent Mental and
Substance Use Disorders



Prevent Communicable Diseases

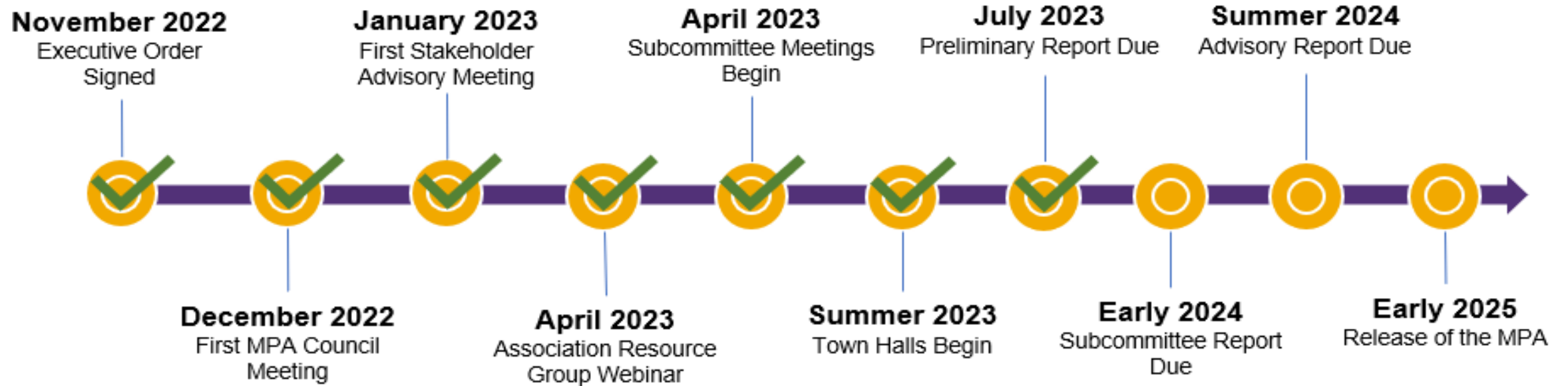
New York is the first Age Friendly State in the Nation

New York is **the first 'Age-Friendly State'** in the nation because of our:

1. Outdoor spaces and buildings
2. Transportation
3. Housing
4. Social participation
5. Respect and social inclusion
6. Work and civic engagement
7. Communication and Information
8. Community and health services



Timeline





Master Plan for Aging Update

- In the last year, the Master Plan for Aging has:
 - Created **8** Subcommittees and **33** workgroups
 - Held **20** Town Hall meetings across the State
 - Issued a public survey that generated over **10,000** responses
 - Held over **650** meetings

Master Plan for Aging: Vehicle for Reform



- **Master Plan for Aging transportation proposals aim to address:**
 - Resource awareness
 - Supply versus needs (e.g., supply of volunteer drivers)
 - Affordability challenges
 - Accessible and complete streets

Master Plan for Aging: Proposal Update



- **Master Plan for Aging transportation proposals include:**
 - Expand microtransit services
 - Encourage consolidation of rural transit providers
 - Prioritize cost effective options
 - Establish local transportation pilots
 - Ensure ADA compliant transportation

How can you help to develop the Master Plan?

Communities will have an opportunity to share input through:

- Town Hall and Listening Session Meetings
 - Visit the MPA website for a current listing of upcoming events
- Emails to MPATownHall@health.ny.gov
- MPA website: www.ny.gov/mpa